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**EFS EXECUTIVE COMMITTEE**

The current executive council was elected in Porto at the 2010 conference and has a four year term.

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**MEMBER SOCIETIES**

**AUSTRIA:** Austrian Society for Sexology **BELGIUM:** Flemish Society of Sexology, Institute of Family and Sexuality Studies, Society of Sexologists with University degree in Belgium (SSUB) **BULGARIA:** Sexuality and Health Foundation **CROAZIA:** Croatian Association for Sexual Therapy **CZECH REPUBLIC:** Sexological Institute **DENMARK:** Dansk Sexologforening; Danish Association for Clinical Sexology **ESTONIA:** Estonian Academic Society of Sexology **FINLAND:** The Finnish Association for Sexology (FIAS) **FRANCE:** Interdisciplinary post University Association of Sexology (AIUS); Centre International de Formation et de Recherche en Sexualité (CIFRES); Societe Francaise de Sexologien Clinique; Association des Sexologues Cliniciens Francophones (ASCLIF) **GEORGIA:** The Society of Georgian Sexologist: Education, Research, Treatment (SGS) **GERMANY:** Deutsche Gesellschaft für Sozialwissenschaftliche Sexualforschung (DGSS); Deutsch Gesellschaft für Sexualforschung (DGFS) **GREECE:** Greek Society of Sexologie **HUNGARY:** Hungarian Association of Sexology **ISRAEL:** Israel Society for Sex Therapy (ISST) **ITALY:** Associazione Clinaca e Terapia in Sessuologia (ACTS); Gruppo Ricerca in Sessuologia, School of Clinical Sexology; Istituto Di Sessuologia Clinica, Institute of Clinical Sexology – ICS; Centro di Ricerca in Neuroscienze (CERNE); Sexology Italian Center (CIS); Associazione Italiana Sessuologia Psicologia Applicata (AISPA); Societa Piemontese di Sessuologia Clinica (SSSC); Federazione Italiana Di Sessuologia Scientifica (FISS) **NETHERLANDS:** Nederlandse Vereniging voor Seksuologie (NVVS); Rutgers Nisso Groep (RotgersWPF) **NORWAY:** Norwegian Society for Clinical Sexology **POLAND:** Polish Sexualological Society **PORTUGAL:** Sociedade Portuguesa de Sexologia Clinica **RUSSIA:** Russian Scientific Sexualological Society (RSSS) **SPAIN:** Asociacion Española Sexologia Clinica (AESC); Federacion Española de Sociadades de Sexologia (FESS); Societat Catalana de Sexologia **SWEDEN:** Swedish Association for Sexology; Swedish Institute for Sexual Research **SWITZERLAND:** Fonds Universitaire Maurice Chalumeau; Institut Sexocorporel International; Zürcher Institut für klinische Sexologie & Sexualtherapie (ZISS) **TURKEY:** Sexual Health Institute (SHI); CETAD; Turkish Association for Cognitive and Behavioural Psychotherapies (TACBP); Turkey Microbiological Society **UK:** College of Sexual & Relationship Therapists (previous BASRT); British Society of Psychosomatic Obstetrics, Gynaecology & Andrology (BSPOGA); Sheffield Society for The Study of Sexuality & Relationships (SSSR).

For membership, write to General Secretary Moshe Mock  
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**EDITORIAL**

Chiara Simonelli  
EFS President



Dear colleagues and friends of the Executive Committee, on September 2012 our family have lived the 11<sup>st</sup> EFS Congress in Madrid, it has been a successful event, a moment of great vitality of our Federation.

The hard work in these years has introduced some changes in our way of thinking and working.

This mainly resulted in the organization of the first joint congress of our Federation with the European Society for Sexual Medicine (ESSM): a unique opportunity to realize an integrated work with another society. We really think it could reflect the recent social and cultural changes involving Europe and the entire world, stressing the importance of an integrated approach to sexology and sexual health.

It means integration between practitioners, but also between psychological and medical culture, between different way of life and think sexuality and sexual wellbeing.

From this point of view, Istanbul, sharing the spirit of old and new European and Asian culture, will inspire both the science of the congress and the social program as well.

By tradition ESSM and EFS congresses are the stage for high level science in Sexology and Sexual Medicine but also provide the opportunity to meet old and to become acquainted with new friends.

The Congress will be also the moment when the General Assembly will take place and when the new EC members will be elected. Moreover, an important innovation is the establishment of exams achieving a European degree in sexology.

As president it is a pleasure to thank everyone for the great contribution given to EFS, I am honored and glad to have been working with this group. Also, it is my pleasure to give a special thank to the fledgling (or: new born) EFS Youth Committee, that supports the EFS and its initiatives, contributing to Federation development, planning symposia and roundtables concerning European youth sexual health.

I am sure it will be a great opportunity to create a network among different societies active in sexual health and wellness programmes as well as an opportunity to promote youth role inside scientific community.

For this reason, during our last EC meeting in Brussels we proposed a special student fee in order to facilitate young sexologists participation in scientific events sponsored by the Federation.

Hope to see you in Istanbul!!

## General Assembly

It is our pleasure to announce the General Assembly meeting during our 12<sup>nd</sup> Congress in Istanbul., on this occasion there will be the president, treasurers and general secretary reports about this years of activity. Further, during the General Assembly there will be our "call for bids" - EFS Congress 2016 and the vote for the new Executive Committee.

Data: January 30<sup>th</sup> 2014 at 18.00

Join it everybody!

**Call for Bids**  
**EFS Congress 2016**



### Invitation to bid for the EFS congress in 2016

All the candidatures of member associations and societies are welcome providing they fulfill the requirements stated below.

It is a condition that all documents arrive to the President and to the General Secretary by electronic mail in Word format before the **1<sup>st</sup> October 2013** where upon the documents will be available on the EFS website for general inspection until the time of the Istanbul EFS-ESSM meeting ( 29 January-1 February 2014).

Pease find the instructions file on our website!

**Send us your  
symposium  
proposal by 20<sup>th</sup>  
September 2013!**



Salvatore Caruso, Chiara Simonelli, Mehmet Sungur , Kevan Wylie.

## 12<sup>th</sup> Congress of the European Federation of Sexology in Istanbul



In 2014, for the first time, the European Federation of Sexology (EFS) and European Society for Sexual Medicine (ESSM) will collaborate to organize an international congress in the field of sexual science and practice.

For this meeting of two major sexological organisations, it was chosen Istanbul as a venue for its symbolic value. Istanbul, indeed, is the one city in the world where two continents meet.

On behalf of EFS, ESSM, the Turkish Association for Cognitive and Behavioural Psychotherapies (TACBP) and Turkish Society of Andrology, it's our pleasure to welcome you to Istanbul the 29<sup>th</sup> January to 1<sup>st</sup> February 2014 for the joint 12th biannual congress of the EFS and 16th annual congress of the ESSM.

This first conjoint congress of the ESSM and the EFS is to be held in the Istanbul Convention & Exhibition Centre (ICEC), The Rumeli Fair & Exhibition Hall / Harbiye – Istanbul.

The program will aim to cover all areas of sexual medicine & psychosexology, focusing on the latest and exciting achievements. Well known ESSM and EFS professionals will attend to share their experiences and recent scientific findings with their colleagues.

The scientific programme will involve practice guided master-lectures, round-tables, workshops, podium and poster sessions presented or moderated by both established values & upcoming talents in the field of sexology.

If the exciting scientific program alone is not enough to entice you to travel to Istanbul, then let the charm of the city itself convince you.

It's not easy to tell the story of this charming city, located in the heart of the Old World, and famous for its historical monuments, magnificent scenic beauties and the Bosphorus, separating Asia and Europe in a breath-taking manner.



Istanbul has a history of over 2,500 years. It was and still is a melting pot of different cultures and religions, a fascinating joining of occidental and oriental history and traditions. Istanbul has been the capital of three great empires, Rome, Byzantium and the Ottoman Empire, and thus was ruled by over 120 emperors and sultans for more than 1,600 years. As an intriguing 'plus', symbolic references to sexuality in culture and history are present in many places of Anatolia, in books, shrines, statues and other cultural relics.

You and your accompanying friends will be fascinated by Turkish hospitality, the touch of Istanbul and a memorable experiences with old and new friends.

Join us in Istanbul for this exciting gathering of sexual medicine and sexology where Europe and Asia meet.



## The First Examination in Clinical Sexology under the auspices of the EFS and ESSM

- ▶ Psycho-Sexologist Certification and
- ▶ Preparation Courses 2014

The ESSM and EFS collaborate to guarantee and promote the highest standards of healthcare in the field of Sexual Medicine. For this proposal, EFS/ESSM will offer examination preparation courses for practitioners intending to take the examination in January 2014. The courses are intended for physicians with experience of specialist-level practice in Sexual Medicine who wish to increase their chance of passing the Multidisciplinary Joint Committee on Sexual Medicine (MJCSM) exam and for psychologists who intend to apply for the EFS/ESSM qualification exam for Psycho-sexologists.

This year the first examination for psychologist qualification will take place in Istanbul on January 28.

The exam is set under the auspices of the EFS and the ESSM but psychologists of all nationalities, including countries outside the EU, are allowed to take the exam.

The exam duration will be 3 hours and will include 100 MCQ's in domains of Clinical Sexology (introduction to human sexuality, issues of intimate relationships, bio-psycho-social aspects of sexual development and the sexual response, diagnostic and therapeutic methods in psychosexual therapy, male sexual dysfunctions, female sexual dysfunctions, medical conditions and their relation to sexual function, other sexual disorders, issues related to contraception and childbirth).

May apply:

- university qualified psychologists (accredited in their country of practice), psychiatrists and MD's with an academic psychotherapy degree;
- all having a post-graduate training in sexology including supervised experience.

### Exam Preparation Courses

Also this year, ESSM will offer an examination preparation courses for practitioners intending to take the examination in 2014.

Preparation courses of 3 days are being planned; these will provide an overview of all subjects in the curriculum that may be included in the examination, as well as advice about exam-taking skills and practice in completing a MCQ. The course teaching faculties will include experts in the field.

**Preparation Course Data** : 25 to 27 January 2014

**Exam Data**: 28 January 2014

**More information**: [www.essm.org/index.php?id=684](http://www.essm.org/index.php?id=684)



## 7th meeting of the WHO European Regional Advisory Panel (RAP) on Research and Training in Reproductive Health - Copenhagen, 21–22 May 2013



The European Regional Advisory Panel on Research and Training in Reproductive Health facilitates the optimum response of the section in reproductive health programme of the WHO Regional Office for Europe. The 2013 meeting was held on the 21<sup>st</sup> to 22<sup>nd</sup> May 2013 in Copenhagen, Denmark in the new UN city headquarters for WHO.

Topics that were included were the gender responsiveness of SRH in the European region, human right issues, ROMA issues as well as integration with other areas including nutrition, smoking, alcohol and violence prevention as well as vaccines for cervical cancer.

There was a specific part of the meeting involving collaboration with international partner organizations including the United Nations Population Fund, the International Planned Parenthood Federation European network, the European Society of Contraception and Reproductive Health, the European Federation of Sexology and the Centre of Reproductive Rights.

There were specific areas looking at research gaps and capacity strengthening, the publication of *Entre Nous* and specific recommendations to be proposed to the WHO from the RAP 2013.

It is worth noting the European Commission and WHO Regional Office for Europe have a shared vision for joint action that was launched in 2010 including innovation and health where health is noted as a sector open to innovation;

Health Security Card; modernizing and integrating the public health information system; investing in health and health inequalities; and strengthening in country cooperation and none EU countries.

Health 2020 with the implementation package is on the horizon and this will be a human rights-based approach addressing both genders, health rights and sexual and reproductive health.

A useful source of health atlases is available at [data.euro.who.int/equity](http://data.euro.who.int/equity).

There was general agreement that the program EFS has undertaken involving countries from Eastern Europe is to be applauded. With our plans to cover both Bulgaria and Slovakia this year, there is a hope that there will be positive outcomes from this in both terms of exchange and hopefully technical planning.

A number of presentations are available and accompany this report.

Kevan Wylie, Vice President - EFS, May 2013





## In memory of ...

### Dr. Virginia Johnson

Virginia E. Johnson, a writer, researcher and sex therapist who with her longtime collaborator, William Masters, helped make the frank discussion of sex in postwar America possible if not downright acceptable, died 24th July 2013 in St. Louis. She was 88. William (Bill) Masters was a gynecologist on the faculty of the Washington University School of Medicine in St. Louis when he began his research into human sexuality in the mid-1950s. Virginia Johnson, who joined him in 1957 after answering an advertisement for an assistant, worked alongside him for more than three decades. She was variously his research associate, wife and former wife.

The collaborators burst into public consciousness with their first book, a clinical tome titled "Human Sexual Response." All about sensation, it created precisely that when it was published by Little, Brown in 1966. Although Masters and Johnson deliberately wrote the book in dry, clinical language to preempt mass titillation, their subject — the physiology of sex — was unheard-of in its day.

Much as the biologist Alfred C. Kinsey had paved the way for Masters and Johnson with his reports on human sexuality in the 1940s and early '50s, Masters and Johnson in turn helped make possible the mainstream careers of the next generation of sexologists and sex researchers.

In 2005 during the WAS World Congress for Sexual Health Virginia Johnson received the WAS Gold Medal (a lifetime Award) together with Bill Masters (posthumously) and together with Walter Everaerd.



### Dr. Leah Cahan Schaefer

The EFS regrets to bring you news of the passing of Dr. Leah Cahan Schaefer, past January, following long illness.

Leah Cahan Schaefer was a pioneer in the field of gender and sexuality. She was a founding member of the Harry Benjamin International Gender Dysphoria Association (today, WPATH) and was an author of the first five versions of the Standards of Care. She was a two-time President of HBIGDA and President of the Society for the Scientific Study of Sexuality (1978-1979). Her doctoral dissertation, and book *Women and Sex* was groundbreaking in its frank portrayal of female sexual experience. As a gender specialist in private practice in New York City she shared her compassion and wisdom with thousands of individuals. She was the custodian of Harry Benjamin's files and her private and professional papers are at the Kinsey Institute Library. She will be deeply missed by her friends, family, and colleagues. The EFS wants to thank Leah Cahan Schaefer for her enormous contribution to the science of sexuality.



### Dr. Jack Morin



We are sorry to announce the passing of Dr. Jack Morin's, last June.

Jack Morin, PhD and expert of psychotherapy, couple therapy and sex therapy, was the author of *Anal Pleasure & Health* (1981) and *The Erotic Mind* (1995), <http://www.jackmorin.com>. He was also a world-class photographer, [www.jackmorinphotography.com](http://www.jackmorinphotography.com). He used to love teaching, which he has done continuously since the late 70s. In addition to his professional presentations and trainings, he has taught Human Sexuality at community college level for many years. Later he continued teaching on the faculty of The Institute for the Advanced Study of Human Sexuality (IASHS), and as professor at the California Institute of Integral Studies (CIIS) since 1996. As paraphrased by many colleagues: "Our gentle, funny, creative friend and colleague will be missed".

#### Contact Us

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